



# Resource Center

## *Transitioning to School*

The first weeks of school can be very exciting and filled with anxiety for both children and parents. While it can be difficult to leave a crying child, it is best to establish a goodbye routine with your child: one big hug and kiss, a wave good bye, or something you have agreed upon together. It is important to tell your child "goodbye" rather than just sneaking out. Coming back into the classroom or hanging around the hallway only makes it more difficult for everyone. Your child will adjust more quickly to their classroom environment with a quick goodbye. This is also showing your child that you are confident about leaving them and helps them transition better as well.

It is also helpful to arrive on time so that your child is not the last one to join the group. While it is important for every teacher to meet each child as they arrive, it also helps all of the children to be able to start their day together. When a child enters the group late it does not allow that

child time to transition into the social group.

While every child will adjust to their new school family a little differently, most are beginning to settle in and look forward to coming to school. It is normal for children to regress when there is a longer time between class days or when there is a break in the school schedule, such as holidays. However, if you have any concerns about your child settling in, don't hesitate to talk to their teacher. They may be able to give you some suggestions on helping your child feel more at ease when coming to school.

While parents and children may never care to say good-bye, a happy good-bye is a first step toward becoming a healthy, independent, well adjusted individual. (Excerpts taken from: Leanne D. Grace, *First Teacher Magazine*)

## September Activities in the RC

This first month of school we have all been concentrating on "Our Community, Family & Friends". In the RC we have set up a local grocery store and a post office. Our mini Fire Station has been very popular especially after having Fire Fighter Petersburg

visit and explain what he does on the job. Many of the children enjoyed "trying on" his boots, hat, oxygen tank and coat. It was all very heavy, but the children gave it a try anyway.

We also have been enjoying lots of process art

and experimenting with painting. The children are learning the routine and clean up procedures and are helping our newest children with finding their way around.

Pictures of your children at play will be posted in the RC this week.

Knollwood Community  
Pre-School  
Resource Center  
Newsletter

September 2008

### Special Points of Interest:

- ☺ A visit from Fire Fighter Petersburg
- ☺ Smile—Pictures taken
- ☺ Fire Drill—Boy that's "LOUD"

### Items Needed for Next Month:

Our recycle center is slowly getting re-stocked from the summer. Thanks so much to those of you who have brought items to share for our creations. Next month we will need:

- Veggies for painting: potato, carrot, broccoli, squash, celery,
- Pumpkins for squishing, mooshing and seed creations.
- Pumpkin pie spice
- Dried/Indian corn
- Sm. Pumpkins/gourds for counting